[**Security monitoring** is the automated process of collecting and analyzing indicators of potential security threats, then triaging these threats with appropriate action1](https://www.varonis.com/free-security-courses).

Here are **five free resources** where you can learn more about security monitoring:

1. [**HPE Security Monitoring**](https://www.hpe.com/us/en/what-is/security-monitoring.html): Provides an overview of security monitoring, including definitions and its importance[1](https://www.varonis.com/free-security-courses).
2. [**Panorays Cybersecurity Certificate**](https://panorays.com/blog/what-is-cyber-security-monitoring/): Learn about cybersecurity monitoring and its significance[2](https://panorays.com/blog/what-is-cyber-security-monitoring/).
3. [**Alison Free Online Security Courses**](https://alison.com/tag/security): Explore courses on how professional security services operate and how to secure equipment and premises[3](https://alison.com/tag/security).
4. [**Coursera: Security Management and Governance**](https://www.coursera.org/learn/security-management-and-governance): Introduction to security management, incident response, and resilience[4](https://www.coursera.org/learn/security-management-and-governance).
5. [**Udemy: CCTV and Security Cameras Courses**](https://www.udemy.com/topic/video-surveillance/): Learn about video surveillance and security cameras[5](https://www.udemy.com/topic/video-surveillance/).

Feel free to explore these resources to enhance your understanding of security monitoring! 🛡️🔍